

Understand how to build a team

Unit 7: Training and Coaching in the Workplace

Understand how to provide training appropriate to the workplace Understand how to coach an individual in an organisation



1	Leadership and Management
	1 Unit 1: Understanding Leadership
	2 Unit 2: Mental Health in the Workplace
	3 Unit 3: Understand how to Motivate a Team
	4 Unit 4: Recruitment and Selection
	5 Unit 5: Solving Problems and Making Decisions
	6 Unit 6: How to Establish a Team
	7 Unit 7: Training and Coaching in the Workplace
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1	Unit 1: Understanding Leadership
	1 Understanding leadership styles
	2 Understand leadership qualities and review own leadership qualities and potential
2	Unit 2: Mental Health in the Workplace
	Understand why Mental Health matters in the workplace
	2 Understand the spectrum of Mental Health
	Know how to identify signs of distress in the workplace
3	Unit 3: Understand how to Motivate a Team
	Understand the factors that influence motivation levels in the workplace
	2 Understand how a theory of motivation can be used to improve performance levels
4	Unit 4: Recruitment and Selection
4	
	1 Know how to plan to recruit and select new staff in the workplace
	2 Know how to select the right person
5	Unit 5: Solving Problems and Making Decisions
	1 Know how to describe a problem, its nature, scope and impact
	2 Know how to gather and interpret information to solve a problem
	3 Know how to evaluate options to make a decision
	4 Know how to plan, monitor and review the implementation and communication of decisions
6	Unit 6: How to Establish a Team
	1 Understand how to develop and maintain effective working relationships