



1	Mindset
R.R.P	£60.00

1	Influences
2	Fixed and Growth Mindset
3	Who are you?
4	Test your Mindset
5	Our Thoughts and Consequences (W.A.T.C.H)
6	Talk it Out
7	You name it
8	What would happen?
9	Making Choices
10	Thinking Outside the Box
11	Acceptance and Taking Control
12	Acceptance and Focus
13	Problem Solving: Toyota's 5 Whys
14	Problem Solving: Critical Thinking
15	Mindset Qualities are Attractive to Employers