

Social well-being Accessing support

Health and safety

Healthy lifestyles

Making reasonable adjustments



1 M	ental Health Awareness
1	Mental Health Awareness
2	Children's Mental Health
3	
_	Mental Capacity Act
4	Workplace Mental Health
5	Mental Health Act
6	Mental Health in Schools
R.R.P	£100.00

1 Me	ental Health Awareness
1	What is mental health?
2	Risk factors
3	Mental health care and the problems people face
4	Social attitudes to mental illness
5	Legislation in relation to mental illness
4 Wo	orkplace Mental Health
1	Introduction to health and well-being in the workplace
2	Types of mental ill health

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2 Children's Mental Health

	1	Introduction to mental health in children
	2	Understanding child development
	3	Mental health problems
	4	Associated problems
	5	Promoting positive mental health
5	Mer	ntal Health Act
	1	Introduction to the Mental Health Act 1983
	2	The mental health act code of practice guiding principles
	3	How the Mental Health Act sections are used?
	4	Professional roles under the mental health act
	5	Electro Convulsive Therapy (ECT)
	6	Supervised Community Treatment

3 Me	ental Capacity Act
1	Legislation
2	The five key principles
3	Assessing capacity
4	Making decisions in the best interest of the individual
5	Disagreements and legal powers
6 Me	
0	ental Health in Schools
1	Intal Health in Schools Introduction to mental health and well-being in schools
1	Introduction to mental health and well-being in schools
1 2	Introduction to mental health and well-being in schools Types of mental health issues in children and young children

Additional support

Healthy lifestyles